

Sector - 9A, Vashi, Navi Mumbai – 400 703, INDIA.
Telephone: 022-2777 1000, 2766 1924, 2766 0618. Fax: 2766 0619
Website: www.fcrit.ac.in

5.1.3 Capability enhancement and development schemes

Name of the Capability:1. Guidance for Competitive Examinations

Objectives:

- To encourage students to appear for competitive examinations.
- To provide preparatory material for students.
- To conduct lectures and teach them difficult concepts of various topics of competitive examinations.

Introduction:

The institute provides guidance to the students for competitive examinations This is implemented on institute level. from year 2017-18. By the initiative of Fr. Ivan and Dr. Khot, PROVENTUS is associated with the Fr. Conceicao Rodrigues Institute of Technology to provide the student of the FCRIT with inhouse assistance for their Career Counselling and Study Abroad requirements. The counselor of PROVENTUS Ms. Anita Rane visits the Counselor Office in the FCRIT once a week. Since the association, they have conducted a few Psychometric and Biometric tests to help the students better understand why certain areas are challenging, how to solve those and chose paths that are best suited to them. On the basis of the reports of both tests, we are able to tap into the abilities and skills of the students. This has given them clarity on the way forward. In the eventuality that we feel that the student needs therapy, he/she is referred to the FCRIT psychologist – Ms. Pratusha arranging extra sessions after college hours.

Details:

The details of students benefitted are given below:

Year	Number of benefitted students by Guidance for Competitive examination
2018-19	230
2017-18	58
2016-17	69
2015-16	143
2014-15	77



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Photos of Students answering test for competitive exam preparations



Outcome:

Almost all final year students enroll for competitive examinations and training & placement sessions. A large number out of these students appear for various competitive examinations and campus placements.



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5.1.3 Capability enhancement and development schemes

Name of the Capability: 2. Guidance for Career Counseling

Objectives:

- To provide guidance to improve their verbal and aptitude skills.
- To assist the students in planning for educational and vocational choices.
- To inspire successful endeavour towards campus placement attainment.

Introduction:

The institute provides pre-placement guidance to the students. Alumni and guest speakers are invited for providing career counseling to the students. They guide the students on programming languages like java, C, C++ etc. The career counseling team conducts aptitude and verbal quiz to improve their communication skills.

Details:

The Details of students benefitted are given below:

Year	Number of benefitted students by Guidance for Career Counseling	Number of students Placed
2018-19	170	233
2017-18	458	236
2016-17	225	222
2015-16	385	222
2014-15	151	209



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Students list who participated in career Counselling provided by Proventus

Career Counselling by Proventus 18-19

S. No.	Date	Student Name	Class	For	Remark
1	2/15/2018	Jason Matthew	BE 8 sem CE	Testing	
2	8/8/2018	Pratik Shetty	7th Sem-EXTC	Overseas	
3	2/15/2018	Mervyn M	BE 6sem	Overseas	
4	2/15/2018	Akshara M Nair	BE 6sem	Overseas	
5	2/15/2018	K. Ridhi Thomas	BE 6sem	Overseas	
6	2/15/2018	Rajinder Kaur	BE 6sem	Overseas	
7	2/22/2018	Mohnish chaudhari	BE 7sem	Overseas + Testing	Done Testing + Overseas assistance
8	2/22/2018	Rajat Sharma	BE 7sem	Overseas	
9	3/15/2018	Shubham Kurkure	BE 7sem	Overseas	
10	3/15/2018	Kshitij Bari	BE 7sem	Overseas	Overseas assistance
11	3/15/2018	Prashant Prahlad	BE 7sem	Overseas	
12	3/15/2018	Saurabh Shelke	BE 4sem	Overseas	
13	3/6/2018	Piyush Kurkure	BE 7sem	Overseas	Overseas assistance
14	3/6/2018	Sameer Chudhari		Overseas	
15	3/6/2018	Deepesh J. Topno		Overseas + Testing	Done Testing
16	8/8/2018	Sameer Chaudhari	7th Sem-Mechanical	Overseas	
17	8/8/2018	Gloria Rodrigues	7th Sem-EXTC	Overseas	
18	8/8/2018	Pratik Shetty	7th Sem-EXTC	Overseas	
19	2/22/2018	Siddhesh Mohite	BE 2sem	Overseas	
20	7/31/2018	Nidhi Kokande	7th Sem-EXTC	Overseas	
21	7/31/2018	Russell Sanjay Pinto	7th Sem-EXTC	Overseas	
22	NEW PROPERTY.	Nikhil Jay	Could be to the	Testing	Done Testing
23	201 45 31	Gyandip Mallhi	CONTRACTOR DESIGNATION OF THE PERSON OF THE	Overseas	Overseas assistance

Sample Attendance Sheet of Placement training provided by Placement cell

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	501602	ABEY ALEX GEORGE	I Chertain	36	501601	ABEL SIMON	Vibral
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3	501606	BOLLEDDU JOSEPH PRADIL B J D	//	38	501605	BARDESKAR SERVINA VALNES	state.
4	501607	BOSE RANJAY JAYANTAKUMAR	many parts	39	501609	CHINAPULLY AYRIN GEORGE	lyn
. 5	501608	CHAUHAN SHEETAL SARJEET	Specialist	40	501610	DEEPU SUSEEL	
- 6	501614	ERAMPLACKAL SHAJO V	Shep.	41	501612	DHAKATE TANVI K	delle
7	501619	JAISWAL ANKIT ANIL	Charles .	42	501613	DSOUZA JASON PIUS	0
я	501621	JOEL JOSEPH	204	4.3	501616	HEBLI MEETA MILIND	Mage
9	501623	KADWANI RASHMI	Makruan	44	501617	JADHAY BASHMI MILIND	Chart
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Some snapshots of Placement Training



Snapshot of Placement Training to final year students



Outcome: A good number of students enroll for career counseling sessions and get benefitted with good placements



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5.1.3 Capability enhancement and development schemes

Name of the Capability: 3. Soft Skill Development

Objectives:

- 1. Skilling youth to enhance their employability
- 2. Effective contributors to the nations growth and development.
- 3.Improve Analytical and Problem solving skills.

Soft skills complement hard skills which are the occupational requirements of a job and many other activities. Soft skills are personal attributes that enhance an individual's interactions, job performance and career prospects and are broadly applicable at the workplace. This is implemented on institute level. There is an MOU with Tata Institute of Social Sciences, Mumbaiand Fr. Conceicao Rodrigues Institute of Technology on National University students "Skill Development Programme" (NUSSD). Coordinator of the Programme is Ms. Khusboo Mehta. The main aim is skilling youth to enhance their employability and enabling them to be effective contributors to the nations growth and development.

In Soft Skill DevelopmentProgramme, sevensoft skills have been identified and tried to enhance these skills in students.

They are:

- 1. Youth leadership and people skill
- 2. Financial Literacy
- 3. Entrepreneur skill
- 4. Communicative skills
- 5. Legal Literacy
- 6. Analytical and Problem solving skills.
- 7. Employability Skills

Session Content

* Youth Leadership & People Skills (YLPS)

The course Youth Leadership and People Skills (YLPS) is divided in 3 sections and each section looks at specific inputs to develop inner capacity & confidence, skills & knowledge and competencies & understanding.

The students went through a journey of self – discovery, awareness of one's power and valuing diversity. They began with aspects of the self, sourcing inner power, practicing deep listening, assertiveness & managing stress. Further they progressed to Interaction Competencies & Skills including verbal & nonverbal communication skills, influencing skills, managing conflict & managing time. Intervention Skills and Competencies like speaking responsibly, team



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building, decision making, resilience & stages of leadership helped in developing capacity to manifest one's full potential.

The YLPS course has benefitted students to be aware of self and sensitive towards others present around. They displayed actions through which it was evident how they respect others views and worked together as a team. It has thoroughly been a transformational journey for the students.

Financial Literacy

Financial Literacy is the combination of financial knowledge, skills and attitude and behavior necessary to make effective financial decision based on individual circumstances in order to have financial well-being.

With the expansion of banking services and incorporation of technology, the financial transactions have increased in the recent time. It has become necessary for students to understand basic money management skills like living within a budget, credits debt in the current consumer society to operate various transactions on online shopping, e-commerce sites, internet banking and in day-to-day consumption activities.

Students gained insights on various concepts like basics of Banking, Mutual Funds, Capital Markets, and Insurance. They thoroughly enjoyed doing the project work.

* Introduction To Entrepreneurship

This is an introductory module designed for all the students. This course provides an opportunity for the students to appreciate and understand the core of entrepreneurship. The topics covered include: understanding of the self, goal setting, working in team, and key process in entrepreneurship. The core process in entrepreneurship and an individual's journey to entrepreneurship/decision to become an entrepreneur is introduced by creating an environment of experiential learning through games, role plays and field works. This course gave clear understanding on what is really required and what approach one must have while considering to start his/her own venture.

English Communication

English for Communication is a multi-level course in English for young adults. The course covers the four skills of listening, speaking, reading, and writing. The primary goal of the course is to develop in the learners an ability to communicate effectively and to be able to use language for real-life functions.

❖ Legal Literacy

Legal literacy is a short course that is useful in developing a basic understanding of the Indian legal system and laws, as would apply to an ordinary person. It is extremely important in



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empowering the students with basic rights and enlisting their involvement in ensuring rule of law and good governance. Topics covered include amongst others Nature of the Indian Legal system, Basics of criminal law, juvenile law, consumer and contract laws, labour laws and RTI.

Data analysis and interpretation of data to take meaningful decisions is an essential skill irrespective of stream, domain of work or skill level. It is a cross-functional skill that may be applied across manufacturing, services, infrastructure or any other type of industry, whether for employment or for entrepreneurial ventures. The Analytical Skills module covered topics such as Data analysis, Data interpretation, Probability, Permutations and Combinations and so on. This session was highly appreciated by the students.

***** Employability Skills

These skills are necessary for getting, keeping and being successful in a job. Some of the topics that will be covered here are – Communication, Teamwork, Problem solving, Initiative and enterprise, Planning and organizing, Self-management, Learning, Technology, CV writing, Group discussions, how to face interview, public speaking, presentation skills etc.

Students gained and enjoyed the activity-based sessions. Various topics like Decision Making, Negotiation Skills, Creative Thinking, Resume Writing, Interviews etc. were covered.

S.No	Session Name	Trainer Name	CompletionSta tus
1	Youth Leadership & PeopleSkills (EffectiveCommunication, Time Management & StressManagement, SWOT Analysis& Mind Mapping)	Mr. Shijin Sreeraman, Ms. Leela Banerjee, Ms. Khushboo Mehta	Complete
2	Financial Literacy	Ms. Sumithra Ramesh & Ms. Gayathri Arvind	Complete
3	Introduction to Entrepreneurship	Mr. Amit Mere, Prof Satyajit Majumdar	Complete
4	English Communication	Ms. Bindu Swaminathan Prof. Vineeta Dwivedi, S P Jain Institute of Management & Research	Complete
5	Legal Literacy	Adv. Darshan Ingole, Dr. D.K Sonawane, Faculty of LLMfrom University of Mumbai. He was aformer Judge.	Complete
6	Analytical Skills and problem solving skills	Mr. Aakash Sinha	Complete
7	Employability Skills	Mr. Aakash Sinha	Complete



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List of Students enrolled for Soft Skill Development by TISS

Tiss - soft skill 2018-19 Carver English Vento Planancial Introduction to Analytical. Legal Asserge -Leidenhip Skills -Skills -Communi Literage: Litterney -Enterpreneurs Attendance Attendance: Sec. and People cattlen -A meadance Attendance Attendance hilp -25 No. Name of student Skelle-Attendance 20 Attendance % 96 36 % 86 71.8 ELVIS D'COSTA 86 75 17 67 77.4 31 71 ROUMIL SHARMA 100 75 91 33 100 LASYA VADA 91 100 100 86 85 92.8 100 88 PALLY 67 86 36 18.1 VAIBHAV SUVARNA 100 100 88 91 SARVESH 86 74.5 67 86 96 73 12 33 THEAPURKAR TANYA SERAR 33 86 100 82 JACOB: 600 88 86 67.7 ANNIE GRACE 38. 82 85 ō. 86 100 106 82 KRANTI SHINGATE 100 88. 82 100 33 96 86 78.4 33-6786 96 100 80: VAIDERI SEELAR 100 92.6 73 65 71. 71 100 VAIBBAY TIWARI. 96. 100 100 86 86 92.7 ARHIL M.V. 96 1000 83 67.1 MERIN JOSE 96 71 m73. 73 17 67 55 61.4 25 83 57 57. 13 REEMA ANNE ROY. 33 70 14 TIASHA NATH 74 88 64 50 71 21 64.5 33 ASHELY BOY 87 75 64 183 33 57 57. 68.2 KOUSHIK 87 100 82 100 100 71 71 27.4 PACHARONIN JOBIN SAMSON 87 100 82 100 67 43. 43 12.3 GNAHOHE MALLOH



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Some Moments captured of the interactive sessions on soft skills



Outcome:

All these events conducted throughout the year by Soft Skill Development Centre helped students to improve their command over the English language, temperament, presence of mind, ability to justify the points, spontaneity in thinking, team co-ordination, etc. This inturn helped them in their campus placement.



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5.1.3 Capability enhancement and development schemes

Name of the Capability: 4. Remedial coaching

The institute is a place where different levels of students come with different backgrounds. There are students with high learning ability who can grasp quite fast and learn better but there are students who need frequent guidance and support. So there are mixtures of many different groups of students with much different ability. To solve this problem and make all level of students at same pace the department has initiated remedial classes. This is done at departmental level. For every subject, the subject teacher identifies weak students(those who score less than 60% i.e less than 12/20 as average in Unit test and extra remedial classes are taken for them for approximately 7-8 hours where special attention is given to every student and their queries are resolved

OBJECTIVES:

- To give more help and support for the slow learners.
- To pay individual attention to the low achievers in the class.
- To develop interest in attending remedial classes for the students.

STRATEGIES:

- The head of the department will draw a time table for the remedial classes.
- Faculty identifies the target students who need remedial classes.
- Faculty develops proper plans for the classes.

IMPLEMENTATION:

- Remedial classes shall commence from the beginning of the semester after results.
- Time table will be ready where the entire Faculty are involved.
- Faculty will teach those selected students or whole class seriously and maintain report on the effectiveness of the class.



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The sample proof of notice for Remedial coaching of students FH2018 is as below

Fr. CRIT, Vashi Department of Information Technology FH 2018

Remedial Time Table 1.7 VIII

Sr. No.	Date	Time	Subject	Venue
1	31/03/18	8.45- 3.30	BDA	Lab 311
2	2/04/2018	8.45-3.30	SNMR	Lab 309
3	3/04/2018	8.45- 3.30	CSM	Lab 310
4	4/04/2018	8.45- 3.30	SC	Lab 312

Ms. Dhanashree Hadsul

Class teacher

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The sample proof of attendance for Remedial coaching of students FH2018 for subject CSM is as below:

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	01425 01427	501412 /Choudhari Samruddhi Anil 501414 /Deshpande Prachi Mahesh 501415 Dev Martand 501416 Dias Jefferson 501418 /Fernandes Jaslin 501419 Gupta Nisarg 501420 /Jain Archi 501421 Jangam Siddharth Prakash 501422 Jibin Johneykutty BATCH II 501423 /Joice George Elizabeth 501424 /Kzchroo Mokshi 501425 /Kadolkar Renu Sharad 501427 /Kataria Anusha	501412 /Choudhari Samruddhi Anii 501414 /Deshpande Prachi Mahesh 501415 Dev Martand 501416 Dias Jefferson 501418 /Fernandes Jaslin 501419 Gupta Nisarg 501420 /Jain Archi 501421 Jangam Siddharth Prakash 501422 Jibin Johneykutty BATCH II 501423 /Joice George Elizabeth 501424 /Kzchroo Mokshi 501425 /Kadolkar Renu Sharad 501427 /Kataria Anusha	101422 Choudhari Samruddhi Anii 49	Sol 1412 Choudhari Samruddhi Anii 49 501456	101412 Choudhari Samruddhi Anii 49 501456 Tiwari Saurabh Jhinkupranad 501414 Cheshpande Prachi Mahesh 50 501458 Vineet Jacob David 501415 Dev Martand 51 501460 Abire Pratikaha S 501416 Dias Jefferson 52 501461 Andhaie Pranita A 501418 Fernandes Jaslin 53 501463 Desai Aditya Subhash 501419 Gupta Nisarg 54 501464 Fernandes Sunny John 501420 Jain Archi 55 501465 Gawade Ankita Namdev 501421 Jangam Siddharth Prakash 501422 Jibin Johneykutty 56 501466 Anii Mahesh 57 Solides Sol



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5.1.3 Capability enhancement and development schemes

Name of the Capability

5. Language Lab

The institute has a state of the art Language Laboratory with audio-visual equipment to aid in imparting language skills. The Laboratory is effectively utilized by students and faculty members for various self-enhancement and soft skill development activities. Laboratory proves beneficial for those students who are poor in use of English language. Students from rural areas who are generally weak in English can have sufficient ear training in thee language lab. Students of 2nd semester and 5th semester attend language lab course like communication skills and Business communication ethics at the departmental level. This is done by the lecturers in the department. The basic purpose of the lab is to provide students a platform to enhance English language skills, communication skills and to practice soft skills.

OBJECTIVES:

- To develop listening and speaking skills of students for a variety of purposes like making presentations, conducting interviews and participating in discussions.
- To enhance the non-verbal and social interaction skills of students for becoming effective oral communicators.
- To improve the analytical and problem solving skills of students through biographies of greatpersonalities and real life social issues through projects.

Sr.No.	Title
1.	Group discussions
2.	Test on verbal skills
3.	Extempore speech on a given topic
4.	Report Writing
5.	Mock interviews
6.	Test on analytical Skills
7.	Movie speech Yard



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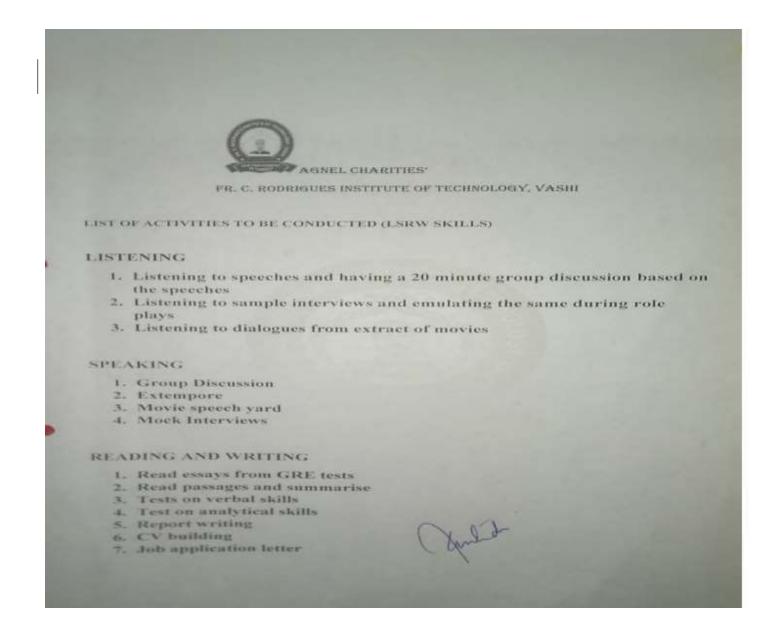
The sample proof of activities conducted for language lab(Business communication & Ethics)

BUSINESS COMMUNICATION & ETHICS ALL BRANCHES SEMESTER V (SH2019) **ACTIVITIES TO BE UNDERTAKEN** 1. ONLINE CHATTING ON A GIVEN TOPIC FOLLOWED BY FACE TO FACE DISCUSSION 2. MOVIE SPEECHYARD FOLLOWED BY SUMMARISATION 3. GRE/TOEFL TEST (ONLINE/WRITTEN) 4. LISTENING SKILLS (TELEPHONE ETIQUETTES/ INTERVIEW SKILLS) Lab in Charge HoD



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The sample proof of activities conducted for language lab(Business communication & Ethics)





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The sample proof of attendance for Language Lab of students SH2015 for subject BCE is as below:

Business communication & Ethicst FR. C. RODRIGUES INSTITUTE OF TECHNOLOGY, VASHI, NAVI-MUMBAI ATTENDANCE SHEET SH-2015 INFORMATION TECHNOLOGY, SEM, V. IT

S.N.	ROLLNO	NAME	SIGN	S.N.	ROLL NO	NAME	SIGN
		BATCH-I				BATCH-III	
1	501301	/ Aishwarya Mohan	Aiskumunt:	41	501353	Singh Utkarsh Akhilesh	WHERE'S
2	501302	/ Anthony Liliyan Basil Agnes	delinikasi	42	501354	/ Sinha Aayushi Rakesh	arla
3	501303	/ ChavanPradnyaLaxman	Ravos	43	501355	Sonetta Hardik Yogesh	Harde
4	501304	ChhedaDarshilKetan	A	44	501356	/ Tanya Pramod Kumar	Jarys
5	501305	Chirayath Vicky Wilson	A	45	501357	Tiwari Abhishek Lav	A
6	501306	/ Chitteth Bensy Charly	as asy	46	501358	Tupe Karan Sanjay	Elvee
7	501307	/ Christina Rainy	(PAC)	47	501359	Turner Allen Ravindra	Alone
8	501308	/ Daphne Wilson	7	48	501360	/ Vats Ribhu Prateush	Delalar
9	501309	/ Devasia Elizabeth James	700 miles	49	501361	/ Walanj Namrata Chetan	Tomalor
10	501312	Fegade Aniket Prashant	Diebet	50	501245	Pratik Ruptake	A
11	501313	Fernandes Ansel Raphael	A	51	501362	/ Poonam S. Bhosale	Brosa
12	501314	Fernandes Eldridge Nathanael	eldridge.	52	501363	/ Prajakta Borude	Prinores
13	501315	/ Ferreira Astrid Vincent	Colier	53	501364	/ Pratidnya H. Bhalerao	· Das
14	501316	/ Gadhave Prerana Ashok	(athere	54	501365	Mokal Rajkumar	Nos
15	501317	Gautam AbhinavMithilesh	00	55	501366	/ Rutuja Dawkhar	Whele
16	501318	/ Ghatule Roshani Ramehandra	Phatale	56	501367	Sanket R. Borhade	5.8.00
17	501319	/ Ghogare Mitali Nandaram	Cohogare	57	501368	Santosh Bhosale	CO STA
18	501320	Gupta Tejas Anil	tend.	58	501369	Sean Sequeira	Ale
19	501321	Henry Allen Dennis Sucheta	Ahon	59	501370	/ Sheetal Kadlag	tooler
20	501322	JaiswalPranit (%)	a int				
		BATCH-II	14.			BATCH-IV	-
21	501323	Jasoriya Shreyans Suresh	1	60	501372	/ Chogale Shraddha G.	Blook
22		Joseph Rohan Thomas	A	61		/ Supriya Kadam	lador
23		Kattukaran Nikhil Raphi	No.	62	501374		Marions
24		/ Kizhakkekarail Janice Sunny	ZAR	63	501375		Tiva (At
25	501327	/ Koul Rashika	Rausta	64	501376		VIKRAT
26	501328	/ Koul Vaishali	A	65	501377	Ayaz Mujawar	(Kyp.)
27	501330	Kulkarni Harshad Dinesh	A	66	501378	Pashte Nimish L.	- OC
28	501331	/ Macheri Rakshita	Restorit	67	501379	Bhavesh Rothagane	Bhaus
29	501332	/ Malpani Radhika Rajendra	RAPE	68	501380	/ Gouri Girish V	Gaul
30	501335	/ Michael Delrina Lakelsha		69	501381	Jitesh Sadashiv P	Patit
31	501337	Nambiar Vishnu M	0.	70	_	/ Ankita R. Raut	admit
32	501339	Patel MitChandrakant		71		/ Aher Kajal J.	Kada
33	501339	Patil Shubham Ramesh	Potel.	72	501384		Hadail
34	501341	Pinto Justin Sebastian	1	73	501385		Arlan
-				74			1110
35	501344	/ Rincy Achankunju	KINH	-	501386	Mohamed Pathan	To be a second
36	501345	/ Rodrigues Shalina Maxim	da :	75	501238	Chirag Nikose	A
37	501346	Rowland Dominic	A	76	501243	Vivek Pawar	0
38	501348	/ SatoskarAnanya	0000	77	501256	Sanjoor Prem	day
39	501349	/ Sawant Nishiti Nitant	Warret.				4
40	501352	Shrivastav Kundan	V		90.00	1	

TOTAL ABSENT:

SIGN:

OUTCOMES:

- Students gets familiarize with soft skills particularly involving use of language.
- Students understand the importance of group dynamics.





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5.1.3 Capability enhancement and development schemes

Name of the Capability 6. Bridge courses

OBJECTIVE:

The Institute takes continuous efforts to bridge the gaps through its curricular and co-curricular activities so as to lessen the Institute identifies the gap between academia and industry and identifies the courses. The competencies of the newly graduate engineers and the competency requirements of Indian industry for graduates have been identified based on interaction with alumni and industry professionals.

This is done for the first year students for the maths subject by humanities. The weak students are identified by a test taken and those who score below the required marks, bridge course is taken for them once in a week.

It is expected that the courses will make student ready for the job and the additional graduate engineer training redundant.

01/09/16

NOTICE

BRANCH	LIST OF STUDENTS	DAY/TIME
MECHANICAL	1) LEON LOPES 2) NIRANJAN PATIL 3) REUBEN PERIERA 4) ANOINTY 5) QUIRENIUS 6) KEVIN 7) KHUSHI	
EXTC	1) AMBADKAR ADITI 2) ANUPAMA 3) FIRFIRE ARSH 4) REDDY HARSHAVARDHAN 5) PRANAY KAPOOR 6) KODURI TANUJ 7) MEHROTRA HRITIK 8) MUKKU DHANUSH 9) PATARE ASHISH 10) PATNAIK AKANSHA 11) VIJAY SINGH	EVERY MONDAY 3:30-4:30
ELECTRICAL	1) RISHAB BARSHI 2) YADNESH MATRE 3) DENNIS 4) LEONARD 5) DENZIL 6) ARNOLD 7) SHRUTIKA 8) SILVIA 9) GILBERT 10) PRATIK 11) ABISTAN 12) SMIJUL 13) REUBEN 14) SAVIO	EVERY THURSDAY 3:30-4:30
IT	1) MONICA 1) MONICA 2) RIYONA 3) ABDUL AZIM	

Signature of the HOD

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Some Moments captured of the interactive sessions on Bridge Course



OUTCOMES:

- Students gets adequate foundation of the core applied science and primary subjects .
- Students get a chance to upgrade to a degree, while at the same time enabling them to adapt their studies easily.



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5.1.3 Capability enhancement and development schemes

Name of the Capability7. Personal Counseling

With the new era of number of disturbances, it is found that students may have difficulty concentrating on their studies and carrying out day to day activities. Personal counseling helps them in resolving these issues. The institute provides personal counseling in a supportive and non-judgmental manner. Students dealing with stress, depression, low performance and other problems avoid seeking help. Personal counseling helps to define the problem and to work towards a possible solution. For every class there are faculties assigned who are the mentors of around 20 students. In a semester, the students meet the mentor at least thrice to discuss any issues or personal problems. Apart from this, at institute level, we have a counsellor appointed to deal with students having more critical issues, who is available in college from 12:30 to 2:30 pm from Monday to Friday. She takes classcounseling on topics related to mental health, coping with daily difficulties and careers for all years anddepartments once in every semester. The aim of the class room sessions are awareness of the studentstowards the process of counseling. There is a stigma to counseling because of which students feeldiscouraged to come to the counselor. These session are subjected to the eradication of these views andhelp students seek guidance for their difficulties. The broader areas covered are-

- The need of counseling
- Who is a counselor?
- Who requires counseling?
- What is counseling?
- Why do we require counseling?
- General and day to day issues that we face

Objectives:

- To assist students to solve their difficulties.
- To help the student know himself better-his interests, abilities, aptitudes, and opportunities
- To help students in academics, personal issues and overall growth.
- To inspire successful endeavour toward attainment

Strategies:

- Every student gets assistance from a mentor.
- Every faculty is assigned a small group of students for mentoring throughout the year.



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Implementation:

An effective counselling is carried out for all the students. Under this system, a group of 20 students are counselled individually by assigned faculty as mentors. Various academic and non-academic issues are resolved in regular counselling sessions.

MONITORING:

Counseling sessions are conducted twice in a month. In every meeting, the mentor see to it that the problems put forth by students are resolved satisfactorily. Head of department reviews the meeting conducted by mentors with mentees.

Example of some sessions conducted for mental health by the counsellor are stated below:

DEPARMENTS	Semesters	TOPIC
Electronics and Communication	2 nd year, 3 rd year and 4 th year i.e. from semester 3 to 8	
Computers	2 nd year, 3 rd year and 4 th year i.e. from semester 3 to 8	
Mechanical	2 nd year, 3 rd year and 4 th year i.e. from semester 3 to 8	 Mental health and well being What is counseling
Information Technology	2 nd year, 3 rd year and 4 th year i.e. from semester 3 to 8	and why is it needed? 3. Coping with daily hustles
Electrical	2 nd year, 3 rd year and 4 th year i.e. from semester 3 to 8	
Humanities	1 years i.e. 1 st semester and 2 nd semester	



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Scanned documents of personal counselling as a sample copy are given below:

Fr. C. Rodrigues Institute of Technology, Vashi
Department of Information Technology
Soudent Mentoring/Counseling (For FE/SE/TE/BE Batch during Academic Year:

Name of the teacher I/C for Mentoring/Counselling: DY: H	K CHAVAN	Designation: HOD	Department: 'IT
A. Student Personal Details:	-, KO 7/		
1. Name of the student: Rayan Craota	Roll No 50	Date of Birth:	4112000 Age: 18 Male/Female: Mo
. Blood Group: B - YC Mobile No.: 9594252206	Email ID: rayancroot	a4@grall_Total member	s in the family: 4
Current Address: C24 Coomopolitan, R	w sector 9 , vasw,	NonHumbai	
Daily Travel Mode: Wolk . One way daily travel ti	ne: 10 mins Friend	Name & Mobile Number: _	
2 Father's Name: Ronald Crasta	Mobile No: 98206013	Email ID: Tracto. 700	y@hatmair Residence Phone No:
Current Address (mention if other than above address):			
Occupation: Service/Business/Other If Service: Organization	Name:	Designation	
Mother's Name: Hilda Crasta			
Current Address (mention if other than above address) :			The state of the s
Occupation: Service/Business/Other If Service: Organization		Decimation	70 - O
B. Student's academic performance with remarks by the teach		- Designation_	HSC: 81 %
	a. 35C_107.	Effective 9 Cit	noc. at 7.
SESem III:		SE Sem IV:	
TESem V:		TE Sem Vit	
BE Sem VIII:		BE Sem VIII:	12.4°
Short term (current semester or current year) objectives:	To get full knowl	edge of all pro	eramine language and exten
D. Medium term (next 2 or 3 years) objectives: To be c	7.738		
Long term (next 4 to 8 or more years) objectives: TO 6	e have job satisf	faction and	goods amount of money to
	Signature of t		4

rr. C. Rodrigues Institute of Technology, Vashi Department of Information Technology Student Mentoring/Counseling (For FE/SE/TE/BE Batch during Academic Year: Active participation in Counselling for Counselling on Is there any need on Signature of Academic progress Meeting Student's feedback to be ecademics co- and extra-Career Guldance personal, family Date & (assignments/test/ attendance any problem, if given to Time (theory/lab/mini/final curricular activity? Including Higher record prelims/ oral etc) Study Seniors/Parent? project etc)? any. Took past in 29/8/18 98% would like to have more practicals in 700+ Taken 80%+ In PCE, No. 24/10/18 95%. symposium event. marks not taught property, so face without in ever in all subjects DIFFICULTY 964 1617119 Python pracs, achimines, we see hope sof in all subjects nerd more practice. or take w Agnu peace 13/3/19 90% 3.Cont is regioned

Signature of the Teacher:



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			Stude	Departme on Mentoring/Counseling (F	or FE/SE/TE/BE Batch du	Counselling for Career Guldance Including Higher Study	Counselling on personal, family or any problem, if any.		Signature of the student.
Date	Date &	Student's attendance record	Academic progress (assignments/test/ prelims/ oral etc)	Amy difficulty in academics (theory/lab/mini/final project etc)?	Active participation in co- and extra- curricular activity?				
918	115		1-0)	proched in	Conducted CSI unorthep on Emical idaubing	-		o die	rie"
		15874 Juni 19	- July 14th		1.5				
2214	1119	131	a good out	Ne	Hadathan,	-			S. hand
-	1	/ Japan	1 1/00						
-								7.4	
		ot.					-		
-								1	

Snapshot of Mentor-Mentee interaction for Personal Counselling with Prof. Trupti Lotlikar





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Snapshot of Mentor-Mentee interaction for Personal Counselling with Prof. Dhanashree Hadsul.



OUTCOME:

- Students with difficulties are able to discuss it with the mentors.
- Students can make appropriate adjustment to the institute the environment.
- Students get ability to understand themselves and solve problems on their own.
- The faculty gets involved in students which provide moral support to them.



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5.1.3 Capability enhancement and development schemes

Name of the Capability8. Yoga and Meditation

OBJECTIVES:

- To assist students to be physically and medically fit by practicing yoga and meditation.
- To guide students to learn techniques of enhancing concentration, stress management etc.

Yoga and meditation helps in yielding some positive results that can be quite beneficial for students. The institute has a yoga club where students practice yoga and meditation regularly. Every year Yoga day is celebrated enthusiastically by faculty and students by organizing yoga and meditation sessions. Well known yoga practitioners and instructors are invited for conducting these sessions. 'Art of living' course is conducted every year for students as well as faculty. A great number of students and faculty attend the course. The event was conducted by ASC in the peaceful morning hours during FACES from 10th to 12th of September, 2018. The event focusing on enhancing the mental health spiritual development was conducted in sessions progressing for 3 hours from 8am to 11am. There were 26 participants from first and second year. Each session offered an interactive and enriching experience, helping students boost their confidence, work on their short-comings, understanding the importance of hard-work, finding the right path, inculcating good morals and developing a positive approach towards life. Introduction to various vogas and meditation opened the doors to spirituality. Indeed it was unfolding 'the art of living'. The event coordinators, Vivek Kushwaha and Dhanashree Gujarathi under the guidance of Suraj sir and Trupti Mam helped in making the event a successful one. The peace, stability and tranquility it brought to the students was all worth the time and efforts!



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Glimpses of the Yoga course conducted:



Snapshots of students attending Art of Living workshop with Faculty Manisha





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A workshop conducted by The Art of Living Foundation based on the theme "THE ENGINEER AND SOCIETY." Mr. Saleel Pulekar, faculty of Art of Living, enlightened the students on the i mportance of meditation in daily life, especially in the hectic life of engineers. He also conducted small activities and exercises to make the session more interactive.



Mr. Saleel Pulekar, faculty of Art of Living Interacting with the Students.



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"Interactive Session on correct posture" was conducted by the Agnel Social Cell on 4th August 2018. This event was organized only for the teaching and non-teaching staff of FCRIT. The even t was conducted by Dr. Malti Hiranandani who is an authority on ergonomics and posture related health issues. The session involved demonstrations and actual interactions with the participants to correct poor posture which leads to serious health issues in the future. The session lasted for 2 hours and was well attended by both faculty and nonteaching staff.

Some of the glimpses of yoga practice sessions conducted teaching and non-teaching Staff:







OUTCOME:

Yoga brings out real potential in students and faculties by enhancing concentration, stress management, dealing with health issues thereby improving their academics and overall development.